



# How to Reach Your Midwife

604-255-5556

**Check the clinic answering machine for the name and pager number of the midwife currently on-call for your team.** If you have call-display, you may have access to our home or cell phone numbers. We ask that you still use our pagers, as this is the most efficient way to contact us, as well as the least disturbing to our families.

## NON-URGENT calls

Leave a message at the clinic.

## SERIOUS calls

Leave a message on the pager of the midwife on call between 9 a.m. & 9 p.m.

- *Please respect that after-hours calls are welcome if they are for urgent concerns only.*

## URGENT calls

**Anytime:** if you have an urgent call, page the midwife on call and key in your number.

- *If you don't get a response within fifteen minutes, page again.*
- *If you still don't get a response within another fifteen minutes, please page a midwife from the other Pomegranate team. (Check the clinic answering machine for her name and number.) We make every effort to ensure service, but in the event of equipment failure they should know how to get in touch with us.*
- *If you have no response from any of us, call BC Women's Hospital Assessment Room, inform them of your situation and ask for their help: (604) 875-3070.*

## LABOR calls

**Daytime (between 9 am and 9 pm):**

- If you suspect you may be in labor, page the midwife on call. A heads-up call can help us to arrange our day so that we will be available when you need us later.

**Nighttime (between 9 pm and 9 am):**

- If you know you are in active labor and need a midwife *now*, please page us urgently!
- If you do not need a midwife immediately, please wait until morning. We appreciate our chances to sleep through the night, and having a perky midwife when labor gets hard may be just what you need.

Janice Forman	320-9888	Beth Ebers	601-7797	Beth Duncan	801-2462
Lehe Elarar	640-8604	Susie Schulz	473-7206	Allison Campbell	601-7374
Kat Montgomery	893-5556				
Celina Laursen	1-888-669-1381				